

GIANT[®]

NUTRITIONIST

Mini Chef Mornings

- Gather up your mini chefs for a morning of snack-crafting with our nutritionists LIVE via Zoom!
- Mondays, Wednesdays, Fridays
- 11-11:15am



Wellness Within Reach

- Join our nutritionists LIVE via Zoom to explore topics that can support you by putting wellness within reach!
- Tuesdays
- 4-4:15pm



Produce Spotlight

- Join our nutritionists LIVE via Zoom as they dive into a variety of delicious in-season produce and inspire you with flavorful recipes!
- Thursdays
- 4-4:15pm



For class details and to register, visit
the-giant-company-nutritionists.eventbrite.com

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